



Become a happiness champion

“When employees are happy at work, they are better parents, better friends, and better community members. The world will be a better place if more people are happy at work.”

Maartje Wolff and Fennande van der Meulen, IWOHAW

What happiness at work looks like





Ready to get involved?

1. Complete the Happiness Quiz

Wondering how to get your workplace buzzing? Discover how your organisation is embracing the seven pillars of happiness at work.

[Learn more →](#)

2. Join the Happiness Challenge

It's time to bring the joy to your workspace! Get involved in our nation-wide happiness challenge.

[Learn more →](#)

3. Nab tickets to the Happiness Workshop

Our happiness specialists are ready to share their top tips! Learn from the organisations who are bringing happiness to work.

[Learn more →](#)

4. Nominate for the Happy Workplace Award

Nominate an Australian organisation who is a happiness pro: give them a shout-out for the Happy Workplace Award.

[Learn more →](#)

In 2024, our teams will be opening the doorway to organisations to host their own Happiness at Work Week Events with national support. Register your interest at happinesatworkweek.com.au, or stay tuned in 2024.

HAPPINESS AT WORK. THE NORM, NOT THE EXCEPTION.

